



19th Judicial Circuit Court,
 Juvenile Probation and
 Detention Services,
 Lake County, IL

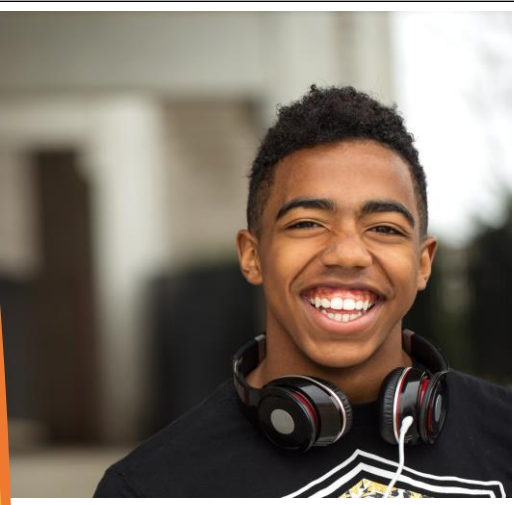
MRT Freedom Ladder

<u>Essence</u>	<u>Stage</u>
Step 13-16: Evaluate Relationship between inner self.	Grace
Step 12: Choosing moral goals.	Normal
Step 11: Keeping moral commitments.	Emergency
Step 10: Maintain positive change.	Danger
Step 9: Commitment to change.	Danger
Step 8: Short-Term goals and consistency.	Non-existence
Step 7: Long-term goals and identity.	Non-existence
Step 6: Helping others.	Injury
Step 5: Healing damaged relationships.	Injury
Step 4: Awareness.	Uncertainty
Step 3: Acceptance.	Opposition
Step 2: Trust.	Disloyalty
Step 1: Honesty.	Disloyalty



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 Illinois
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 Vernon Hills, Illinois 60061
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[www.19thcircuitcourt.state.il.us/1191/
 Juvenile-Probation-Detention-Services.com](http://www.19thcircuitcourt.state.il.us/1191/Juvenile-Probation-Detention-Services.com)

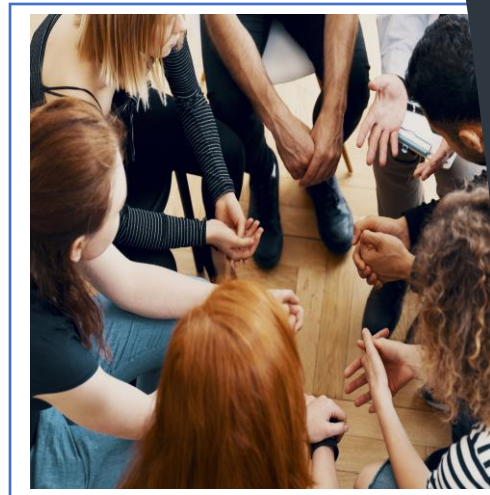
Moral
 Reconciliation
 Therapy
 Juvenile Division



Program Information

MORAL RECONATION THERAPY (MRT)

Moral Reconciliation Therapy (MRT), is an evidence based, systematic, cognitive-behavioral therapy approach that increases moral reasoning and decreases risk-taking behaviors. Clients in MRT will receive a workbook that they will complete as they work through the program. MRT consists of 16 steps. Participants complete a step after presenting their work to the group and facilitators. Clients in MRT will complete the group at different rates depending on how fast they work through the steps. Most MRT clients work through the steps in 3-6 months.



FOR QUESTIONS PLEASE CONTACT:

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Group Information

Times/Days:

Due to the unprecedented times we are in, MRT groups will be conducted over ZOOM. MRT will take place on Tuesdays from 4:00pm-5:30pm. Clients are expected to log-in on time. Attendance is mandatory.

Homework:

The clients will sign-in via ZOOM when they first arrive. Clients complete workbook homework prior to coming to each session. While in group, the clients present their homework to the facilitators and peers and are passed through each of the 16 steps when they meet objective criterias.

Structure:

All MRT groups are open-ended, meaning that new clients can enter an ongoing group at any time. Each group session usually has new clients, as well as some finishing the program. Group format can be completed in 24-30 sessions.



MRT has earned recognition by SAMHSA on the National Registry of Evidence-Based Programs and Practices.



Attendance

Attendance and participation is a requirement of MRT. If a client is going to be absent, a parent/guardian needs to contact the group facilitator to report the absence.



Weekly Correspondence

You will receive a weekly report at the end of each week. The weekly report will include information on attendance, behavior and participation. Your child's Probation Officer will also be receiving the same report.



Parent/ Guardian Folder

- MRT Brochure
- MRT@lakecountyil.gov
- Group Rules and Expectations for parents/ guardians and clients.
- Copy of the MRT Step Checklist.

